

# Alcohol And Aging

## **Aging and Alcohol Use - MentalHelp -**

The aging process affects how the body handles alcohol. The same amount of alcohol can have a greater effect as a person grows older. Over time, some

<https://www.mentalhelp.net/articles/aging-and-alcohol-use/>

## **Aging and Addiction | Seniors, alcoholism, -**

Help seniors overcome alcohol or medication dependence. Tips for alcoholism intervention for families. Addiction information for older adults.

<http://www.agingandaddiction.net/>

## **Alcohol and Aging Awareness Group (AAAG) -**

The Alcohol and Aging Awareness Group, comprised of dozens of public and private organizations and individuals, was founded in 2007 by the Virginia Department of

<http://alcoholandaging.org/>

## **This website is dedicated to alcohol issues that -**

This website is dedicated to alcohol issues that affect older adults. A Site Map. Find what you are looking for among the over 150 different topics

<http://agingincanada.ca/>

## **Elderly and Alcohol - About.com Health -**

Alcohol abuse by senior citizens is a growing problem and one that is often undiagnosed. Elderly and Alcohol About Health Follow us: We deliver.

<http://alcoholism.about.com/od/elder/>

## **Drug And Substance Abuse - Health in Aging -**

Drug and Substance Abuse Causes & Symptoms. As you get older, your body changes and you may find that you are less able to handle the same amount of medications or

<http://www.healthinaging.org/aging-and-health-a-to-z/topic:drug-and-substance-abuse/info:causes-and-symptoms/>

## **Why Avoiding Sugar is a Good Anti- Aging Strategy -**

Feb 21, 2012 Avoiding advanced glycation end products (AGEs), which form when sugar reacts with amino acids, is a good anti-aging strategy.

<http://articles.mercola.com/sites/articles/archive/2012/02/22/how-sugar-accelerates-aging.aspx>

## **The 10 Sins of Skin Aging | Daily Perricone -**

Avoid pro-inflammatory foods these will promote wrinkles, a host of diseases, accelerate aging and cause the storage of body fat. Excess Alcohol

<http://www.dailyperricone.com/2009/05/the-10-sins-of-skin-aging/>

## **Older Adults and Alcohol: You Can Get Help | -**

Learn about alcohol and health problems as you age, why not to mix drinks and some medicine, and reasons to limit drinking as you get older.

<https://www.nia.nih.gov/health/publication/older-adults-and-alcohol/get-facts-about-aging-and-alcohol>

## **Chapter 2 - Alcohol - Substance Abuse Among Older -**

Alcohol and Aging. Despite a certain heterogeneity in drinking practices, there are substantial differences between an older and a younger adult's response to alcohol

<http://www.ncbi.nlm.nih.gov/books/NBK64412/>

## **Alcohol Use in Older Adults - Group Health -**

Alcohol Use in Older Adults. Alcohol can act differently in older people than in younger people. As we get older, it takes longer for the body to break down alcohol.

<http://www.ghc.org/healthAndWellness/?item=/common/healthAndWellness/healthyLiving/lifestyle/alcohol-seniors.html>

## **Aging and Alcohol - Wine and Spirits -**

There s a long list of gripes about aging but one that is often overlooked is the declining efficiency of an aging liver, which is pretty important when it comes to

<http://www.wineandspirits.com/aging-and-alcohol/>

## **Drinking Wine for Anti- Aging: Benefits of -**

Is Drinking Wine a Key to Antiaging? The latest antiaging weapon is not an injection or a wonder cream, and it doesn't involve any nipping or tucking either.

<http://www.webmd.com/beauty/aging/drinking-wine-antiaging>

## **Impact of alcohol on aging - Wikipedia, the free -**

Brain . Alcohol is a potent neurotoxin The National Institute on Alcohol Abuse and Alcoholism has found, "Alcoholism may accelerate normal aging or cause premature

[http://en.wikipedia.org/wiki/Impact\\_of\\_alcohol\\_on\\_aging](http://en.wikipedia.org/wiki/Impact_of_alcohol_on_aging)

## **Aging and the Effects of Alcohol on -**

Aging and Alcohol Use and Abuse (cont.) Many medicines-prescription, over-the-counter, or herbal remedies-can be dangerous or even deadly when mixed with alcohol.

<http://www.medicinenet.com/script/main/art.asp?articlekey=60502&page=2>

## **Alcohol Use In Older People | National Institute -**

Find how alcohol affects your health as you age. Get advice on sobriety, alcoholism, how much alcohol is too much, and getting help to stop drinking.

<https://www.nia.nih.gov/health/publication/alcohol-use-older-people>

## **Bit of Alcohol May Benefit Aging Brain - WebMD -**

Jan 27, 2010 Alcohol and the Aging Brain. Blazer s latest research, published late last summer, suggests that binge drinking and other problem drinking behaviors are

<http://www.webmd.com/healthy-aging/news/20100128/bit-of-alcohol-may-benefit-aging-brain>

## **Older Adults | National Institute on Alcohol -**

A national 2008 survey found that about 40 percent of adults ages 65 and older drink alcohol. Older adults can experience a variety of problems from drinking alcohol

<http://www.niaaa.nih.gov/alcohol-health/special-populations-co-occurring-disorders/older-adults>

### **Alcohol A Friend Or A Foe: Drinking Your Way to -**

Without a doubt drinking alcohol makes you age faster and that is why you should moderate your alcohol consumption to slow down aging and improve your overall health.

<http://www.hghhelp.info/alcoholandaging.php>

### **Substance abuse among the elderly: A growing -**

Substance abuse among those 60 years and older (including misuse of prescription drugs) currently affects about 17 percent of this population.

<http://www.hazelden.org/web/public/ade60220.page>

### **Aging, Alcohol, and Addictions -**

Aging, Alcohol, and Addictions. An informal interest group of the . Gerontological Society of America .

Next meeting of the Interest Group: Friday, November 7, 2014

<http://gsa-alcohol.fmhi.usf.edu/>

### **Epidemiology of Alcohol and Drug Use in the -**

Is the incidence of alcohol and drug abuse growing among older adults? In this review, the authors examine recent epidemiological surveys of this emerging trend.

<http://www.medscape.com/viewarticle/806578>

### **Alcohol & Your Health | National Institute on -**

Alcohol s effects on your brain and body depend on the ways you drink such as how much and how often as well as your age, gender, and overall health status

<http://niaaa.nih.gov/alcohol-health/>

### **Alcohol and Cognition in the Elderly: A Review -**

Jan 16, 2012 Alcohol, aging, and cognitive performance in a cohort of Japanese Americans aged 65 and older: the Kame project. Int Psychogeriatr. 2001; 13:207-223.

<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3285745/>

### **Aging, Medicines and Alcohol|SAMHSA -**

Designed to increase awareness among older adult consumers about possible problems related to the misuse of alcohol, prescription drugs, or over-the-counter drugs.

<http://store.samhsa.gov/product/Aging-Medicines-and-Alcohol/SMA12-3619>

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