

# **Strong Women, Strong Bones: Everything You Need To Know To Prevent, Treat, And Beat Osteoporosis [Mass Market Paperback] By Miriam E. Nelson;Sarah Wernick**

**By Miriam E. Nelson;Sarah Wernick**

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New Information About Strong Women and Strong Bones. Pasco, Julie et al, (September 2014) Do Strong Women Have Strong Bones? ASBMR 2014 Annual Meeting,

<http://www.betterbones.com/blog/post/New-information-about-strong-women-and-strong-bones.aspx>

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